

A DETAILED REPORT ON NSS REGULAR ACTIVITIES ACADEMIC YEAR 2021-2022



PROGRAMME OFFICER
NSS UNIT-I
GOVT. COLLEGE FOR WOMEN (A)

NSS COORDINATOR

GOVI. COLLEGE FOR WOLL

PRINCIPAL



GOVERNMENT COLLEGE FOR WOMEN(A), GUNTUR.



NATIONAL SERVICE SCHEME

2021-22

The NSS Programs in the college are implemented by the program officers as per the instructions of the Principal Dr V. R. Jyotsna kumari and Instructions from NSS cell Acharya Nagarjuna University, Guntur. There are three NSS Units in the college and are coordinated by Smt .M.Santosh kumari- Unit I; Dr.D.Dhatri kumari -Unit II; Smt.M.Vijaya lakshmi. NSS programs conducted during 2020-21 are as follows

SNO	Date	Name of the activity
		2021-22 NSS REGULAR ACTIVITIES
1	06-09-2021	Feeding smart right from the start Nutritionawareness programme
2	15.09.2021	Trash cleaning at vegetable market
3	02-10-2021	Swachhtha-clean & green on swachhtha diwas
4	7.10.2021	Awareness on Digital payment through mobile apps
5	22.10.21	power saving campaign
6	01-11-2021	Plantation Drive
7	10-11-2022	NSS orientation programme
8	01.12.2021	AIDS Awareness Programme & Rally
9	21.12.2021	Volunteer for mega job mela for disabled persons at Pattabhipuram
10	30-12-21	COVID Vaccination Drive
11	24.01.2022	Awareness on importance of health and education of Girl child
12	25.01.2022	Voters electoral literacy programme
13	25.01.2022	Road safety Awareness programme
14	28-2-2022	Volunteer for mega job fair for disabled persons atHindu pharmacy college
15	04-03-2021	Distribution of Deworming tablets

16	23.03.2022	promotion of Organic farming
17	10-03-2022	CHALIVENDRAM- Drinking Water pots for summer
18	15-03-2022	Awareness on Hand wash
	23.03.2022 TO 29-03-2022	SPECIAL CAMP
19	23.03.2022	Special camp inaugural
20	24.03.2022	Awareness on Waste management, segregation of Dry & wet waste
21	24.03.2022	JAL SAKTHI ABHIYAN (Awareness on Conservation of water resources)
22	25-03-2022	Helping hands for orphanage & old age home
23	26-03-2022	plantation programme in adopted villages
24	26-03-2022	Medical camp in adopted villages
25	27-03-2022	Awareness about causes and protection from Dengue, Malaria
26	28-03-2022	Training to SHG 's on preparation of sanitary liquidsand detergents
27	28-03-2022	Awareness on Continuation of Girl Child Education in adopted villages
28	29-03-2022	Blood grouping & Awareness on Anemia
29	29-03-2022	Poshan pakwada
30	15-05-2022 TO 21-05-2022	NATIONAL INTEGRATION CAMP at Idukki ,KERALA

2021-22

NSS & DEPT.OF HOME SCIENCE

"FEEDING SMART RIGHT FROM START"

NUTRITION AWARENESS PROGRAMME

Date	06/09/ 2021
Time	10am to2pm
Venue	Tulasi multi specialty hospital
No.of students participated Other	Students of Home science & NSS III Bsc-10 II Bsc NSS -05 Total involed-15 Clients, Doctors and other staff of TMH
Participants	chents, Doctors and other stair of TMIT
Objectives	To create awareness on nutrition and their needs. To educate pregnant women and lactating mother on importance of weaning mixes.
Brief description	The department of home science and NSS organized an awareness on nutrition at Tulasi Multi Specialty Hospital, kothapet, Guntur. In this event patients, clients and doctors are participated andthe total participants were 50. In this occasion we planned to display a day's menu for pregnant mothers and for 6 months babies' diet as per theme Feeding smart right from start'' because they are base for upcoming generations. The students of home science & NSS explained clearly about importance of nutrition and their role in above two phases by showing planned menu, foodpyramid and other Audio-visual aids
Outcomes Of The Program	Public got aware of the proper diet and nutritional requirements Pregnant woman who visited the stalls were provided counselling on nutrition and they cleared their doubts and got benefitted with the information





Nutrition pyramid prepared by students for awareness







NSS

Name of the Activity: Trash Cleaning at Vegetable Market

Venue: Vegetable Market, Guntur

Date: 15-09-2021

Total Number of NSS Student Volunteers: 20

Objectives:

- Enhance the overall cleanliness of the vegetable market to provide a healthier environment for both vendors and customers.
- Increase awareness about the importance of environmental cleanliness among market vendors and customers.
- Encourage active participation from both NSS student volunteers and local community members in maintaining cleanliness.

Description:

The trash cleaning event at the Vegetable Market in Guntur was organized by Dr. D. Dhatri Kumari, Programme Officer of NSS Unit II, Government College for Women (A). This initiative focused on improving the market's cleanliness and promoting civic responsibility. A team of 20 NSS student volunteers was mobilized to clean the area, effectively removing trash and debris which improved the shopping environment significantly.

Outcomes:

- The market area became noticeably cleaner, providing a more pleasant and hygienic shopping experience.
- There was a marked increase in awareness among market vendors and customers regarding the importance of maintaining clean surroundings.
- The cleanup activity fostered a sense of community involvement, with NSS student volunteers working alongside local residents, leading to enhanced community bonds and a collective effort in maintaining public spaces.







Activity: SWACHHTA CLEAN & GREEN PROGRAMME

Venue: GCW(A), Guntur College and Hostel campus

Date: 02/10/2021

No of Students Participated: 100 and 3 NSS POS and 4 faculty

Objective: To make the college campus and hostel premises clean and free of plastic and other

wastes.

On the occasion of Birth anniversary of Mahatma Gandhi, NSS units of College conducted Swachhta drive on 2nd October 2021. The members of the unit were guided by the NSS Program officers and other faculty coordinators. With this motive all the volunteers of NSS units spread across our college campus and hostel areas to clean up all the plastic covers, plastic bottles, dry leaves, waste papers etc.,. They also made sure that no wrappers were lying in and around the campus. College attached Hostel premises were also cleaned.

Out comes: Students and Nss volunteers actively participated and cleaned the college campus and hostel premises. The campus got rid of the garbage and became neat and clean. Principal and staff appreciated the volunteers.



Swachhta campus cleaning activity in College campus





Swachhta cleaning activity in College Hostel

2021-22

NSS UNIT II

Name of the Activity: Awareness on Digital Payment through Mobile Apps

Venue: Naaz Center, Guntur

Date: 07-10-2021

Total Number of NSS Student Volunteers: 8

Objectives:

- To educate the community about using specific mobile payment apps like PhonePe and Google Pay.
- To demonstrate the safety features and convenience of making digital payments.
- To encourage the daily use of these apps for various transactions.

Description:

The awareness event on Digital Payment through Mobile Apps was organized by Dr. D. Dhatri Kumari, Programme Officer of NSS Unit II at Government College for Women (A). The session took place at the Naaz Center in Guntur. It focused on teaching local residents how to use popular payment apps like PhonePe and Google Pay. During the event, NSS student volunteers demonstrated how to set up the apps, link bank accounts securely, and perform various transactions such as paying bills and transferring money. The explanations were clear and aimed at making attendees comfortable with using these apps safely and efficiently.

Outcomes:

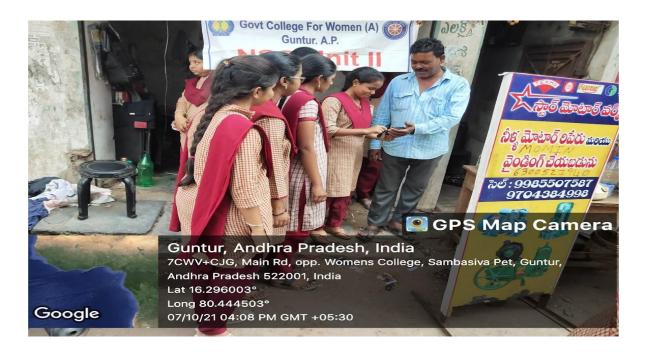
- Participants acquired hands-on experience in installing and utilizing PhonePe and Google Pay for various financial transactions.
- There was an increase in trust and confidence among the community members regarding the security and convenience offered by these digital payment platforms.
- The event led to a noticeable increase in the willingness of attendees to integrate these technologies into their everyday financial dealings.

Evidences: Photos









2021-22

NSS UNIT III

POWER SAVING CAMPAIGN

Date: 22 - 10 – 2021

venue :Railpet slum

No. of volunteers participated: 10

OBJECTIVES:

To raise awareness among housewives about the significance of energy conservation and

its impact on the environment.

To educate them about the importance of conserving energy for future generations.

To equip housewives with practical tips and strategies to reduce energy consumption in their

homes.

The campaign sought to encourage behavior change among housewives by promoting the

adoption of energy-saving habits.

BRIEF DESCRIPTION OF THE ACTIVITY:

NSS UNIT - III volunteers of Government college for women, A Guntur, embarked on a

campaign at Railpet, Guntur Slum area to educate housewives about power-saving tips to

promote energy conservation and sustainability. The initiative aimed to raise awareness

about the importance of reducing energy consumption in households and empower

housewives with practical tips to implement in their daily By emphasizing the benefits of

energy conservation, such as lower utility bills and reduced environmental impact, the

objective was to motivate housewives to prioritize energy efficiency in their households and

become advocates for sustainable living within their communities.

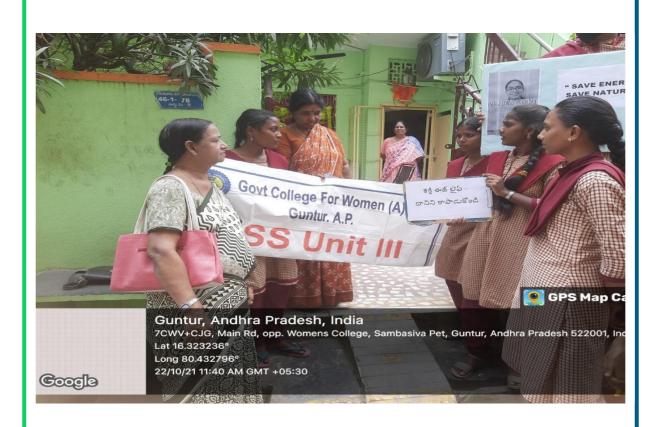
OUTCOMES:

The campaign successfully raised awareness among housewives about the importance of

energy conservation .and its impact on the environment

House wives were surprised to know how much energy they are wasting and felt the

campaign useful and thanked the students for the tips





NSS 2021-22

NSS UNIT I

Activity: plantation Drive

DATE: 01--11-2021

No.of participants: 20 Nss volunteers and 20 Botany students

AIM AND OBJECTIVES: To increase the green cover in the campus and protect the

environment.

BRIEF DESCRIPTION: NSS Unit I of Govt .college for women (A),Guntur in association with the Department of Botany conducted plantation drive on 14th July, 2018 Planting the saplings in the campus was planned to increase the greennary of the campus and there by protect the environment. The purpose of this activity was to make sure that saplings must survive and become large trees in the campus . NSS PO Smt.M.Santosh kumari along with 20 volunteers brought saplings from the local nursery and planted them in the selected spots of the campus.. Volunteers gave support of the stick and made boundaries around the saplings and watered them and took the responsibility of growing them.

OUTCOMES: This plantation drive was very successful in creating environmental awareness among students and increasing the greenery of the college campus.





NSS ORIENTATION PROGRAMME

Venue: Assembly hall

Date: 10/11/2022

No Of Students Participated: 400

Objective of this Programme: To acquaint the new volunteers to NSS and also to prepare the new set of activities.

There are about 400 volunteers in NSS in 4 units @100 volunteers per each unit. The volunteers were given orientation regarding the activities ,rules and regulations of NSS in the session. The senior NSS student Volunteers who are team leaders introduced the new set of volunteers to the objectives of NSS and they also shared their experience. The students were also explained about the list of activities that were carried out. NSS program officers explained them about the credit allotted for this extension activity and the criteria for getting those credits. The NSS program officers and volunteers planned out certain activities for this academic year.

Out Come: The new NSS volunteers got aware of the Nss activities, their role and responsibilities. The new set of possible activities were finalised by the NSS staff and volunteers.



GOVT. COLLEGE FOR WOMEN(A), GUNTUR NSS UNITS - 1,2,3

Activity: WORLD AIDS DAY - Rally & Awareness Programme

DATE: 01--12-2021

THEME: END INEQUALITIES - END AIDS - END PANDEMICS

AIM AND OBJECTIVES:

- To create awareness regarding AIDS
- To sensitize the students about the infections , transmission and methods of diagnosis and treatments available
- To educate students and community regarding various preventive measures to be taken.

NO. OF PARTICIPENTS: 150 Students

NO. OF FACULTY INVOLVED: 3 NSS Programme Officers, Red ribbon Club members 10, and 20 Staff Members

BRIEF DESCRIPTION:

On world AIDS DAY Awareness rally and Awareness programme were conducted by the 3 units of NSS in association with DM&HO, NGOs like STEP, Mahilamandali etc. Awareness rally was conducted from collector office to our Govt college for women campus. In our college campus, Rangoli and Stalls were arranged exhibiting awareness posters and Handouts about the spread of AIDS and its preventive measures,

Guntur district Joint Collector, DM&HO Staff, NGO's along with our principal, NSS programme officers, volunteers, Red ribbon club members, other students and staff participated in the programme. Joint Collector and medical officers of DMHO explained about the various aspects of spread of infection. Diagnosis and treatment strategies. As prevention is better than cure various preventive measures were clearly explained to the participants, District level competitions on AIDS awareness were conducted for Students and prizes were distributed by DMHO to the winners. The services of NGO's in controlling and prevention of AIDS and participation of NSS volunteers in the awareness campaign were appreciated.

OUTCOMES:

- Students were sensitized about the modes of transmission of disease, different available diagnostic tests and various treatment procedures
- Students were educated about the preventive measures
- Students spread the awareness about prevention of AIDS in the community through Rally and exhibition of stalls













VOLUNTEER FOR MEGA JOB FAIR FOR THE DISABLED PERSONS

DATE: 21-12-2021

venue:Pattabhipuram

No. of participants:50

AIM AND OBJECTIVES:

To observe the different problems faced by the physically challenged people in the society

To create concern in the students and inculcate to react with a helping hand forthe

differentially abled persons of the society

To volunteer and help the differentially abled to achieve job and attain self-sustainability.

BRIEF DESCRIPTION:

Mega job fair for the persons with disabilities was organized in association with The Govt

of India, National career service, Govt of AP, AP State skill development corporation and

Samarthanam trust for the disabled on 19th Dec 2021. AP state Home Minister Smt.

Mekathoti Sucharita, Chair Person of Commission for Disabled, Municipal Commissioner,

Samarthanam Trust Staff. GCW(A) Guntur NSS Units-1,2,3 PO's smt.M. Santosh Kumari,

Smt.N.Vijaya Lakshmi, Dr. D.Dhatri kumari and 50 NSS volunteers attended the program

. Nearly 400 Job aspirants who were disabled attended the Mega job fair. Our NSS

volunteers helped them in registering, submitting required certificates and attending the

interview. Our volunteers also helped in maintaining the covid protocols by providing

sanitizers and mask to the participants and maintaining physical distance and taking them

to the respective allotted seats and interview boards.

OUTCOMES:

1. The NSS volunteers helped the disabled to register and attend mega job mela

2. Many physically challenged people could participate get job in this Mega jobmela with

the help of our NSS volunteers

3. The NSS volunteers learned about the different problems faced by the disabledpeople in

the society

4. The NSS volunteers attained the sense of satisfaction in helping others

NO. OF PARTICIPANTS: 50

NO. OF FACULTY INVOLVED: 3 NSS Program Officers

Evidences





GOVT. COLLEGE FOR WOMEN(A), GUNTUR, NSS UNITS - 1,2,3

Activity: Covid Vaccination Drive

DATE: 30--12-2021,

AIM AND OBJECTIVES:

• To vaccinate the students for covid-19

• To prevent spread of Covid-19

BRIEF DESCRIPTION:

The NSS Units -1,2, 3 approach the officials of the Department of heath and requested them to organize the vaccination drive in our college campus on 01-11-2021. So, they accepted our request and conducted the vaccination camp.

The Drive began at 10.00 AM and continued till 5.00 PM. The Staff and the Principal explained the importance of taking the vaccine to remove the doubts in the minds of the students about the effects of the vaccine. There are students who have fears about the side effects of the vaccines. So, it was necessary to remove the fear and convince the students that covid -19 vaccines are safe. Then the students started taking the vaccine after the counselling session. Some of the staff member extended their help in making the drive success.

OUTCOMES:

- More than 200 students got vaccinated.
- The students got their doubts and fears about the side effects of taking the vaccine.

NO. OF PARTICIPANTS: 220

NO. OF FACULTY INVOLVED: 3 and Medical Department Staff 6 Members.





AWARENESS ON IMPORTANCE OF HEALTH AND EDUCATION OF GIRL CHILD

Date: 24-01-2022

No. of participants: 20 volunteers

Other participants:50

OBJECTIVES:

To create awareness on the importance of Girl child health & education

Ti remove the gender inequalities in the community

BRIEF DESCRIPTION: National Girl Child Day is observed every year in Indiaon January 24 to promote awareness about the rights of a girl child and to promote the importance of their education, health, and nutrition. NSS in collaboration with Women empowerment cell observed National Girl child day and conducted awareness program on protection of girl child and education of girl child. Vice principal of the college Dr. Nirmala Kumari ,WEC convenor Smt. Vijaya Lakshmi, NSS POs Smt.M.Santosh Kumari, Smt. M. Vijaya Lakshmi,Dr.D.Dhatri kumari addressed the gathering and explained the students about thevarious measures taken by the Govt. for the protection of Girl child and various Govt. schemes and other facilities available for them. Later WEC convenor Smt.M.Vijaya Lakshmi and members along with some students conducted awareness regarding benefits of Girl child education ,schemes and protection measures by Government in the nearby community located in the Donka road area of Arundel pet Guntur

OUTCOMES: students were sensitized about the importance and various measures by the govt for protection of Girl child. Awareness regarding Girl childwas created in the community and they were motivated to educate their daughters

NO. OF PARTICIPANTS: 250 NSS Volunteers and students

NO. OF FACULTY INVOLVED: NSS po's and faculty



NSS UNITS - 1,2,3 & Dept of political sc

Activity: Voters electoral literacy programme

Date:-25-01-2022

NO. OF PARTICIPANTS: 260 NSS Volunteers and political science students

NO. OF FACULTY INVOLVED NSS po's and faculty of Dept. of political science

AIM AND OBJECTIVES:

- To create awareness among the public for enrollment of new voters
- encourage voters to take part in the election process,

BRIEF DESCRIPTION:

NSS Units 1,2,3 and Dept. of political science conducted Rally from college campus to Collectors office. The students raised slogans with the the need of participation in voting and the importance of vote to create awareness in the public. Later In the collectoroffice awareness program was conducted by the Election commission. District election officer, RDO and joint collector, DSP, MLC Ummareddy Venkateswarlu, Guntur Mayor participated in the program. Chief election commissioner of India Shri Susheel Chandra addressed the gathering online. **Voter's pledge** was taken by all the participants at the collector office and also in the college.

OUTCOMES:

Awareness was created to encourage more young voters to take part in thepolitical process.

Voter's pledge was taken by all the participants.

Students rally on National Voters Day created awareness on importance of voting











NSS UNITS - 1,2,3

Activity: Road safety Awareness programme

DATE: 25-01-2022

AIM AND OBJECTIVES: To create awareness about Traffic rules and road safety awareness among

the students and staff

BRIEF DESCRIPTION:

NSS in collaboration with Police department conducted Road safety Awareness programme for students and staff of the college. The traffic police officers addressed the gathering, explained the traffic rules and road safety measures in detail. They talked about how precious is life and how accidents are taking place due to small mistakes and negligence,

OUTCOMES:

students and staff were given Awareness about Road safety measures and they came to know how to prevent the road accidents and save lives



NSS UNITS - 1,2,3

Activity: Volunteer for MEGA JOB DRIVE FOR THE DISABLED by GOI

Venue: Hindu college of Pharmacy

DATE: 28--2-2022

AIM AND OBJECTIVES:

To observe the different problems faced by the physically challenged people in the society

To create concern in the students and inculcate to react with a helping hand for the differentially abled persons of the society

To volunteer and help the differentially abled to achieve job and attain self sustainability.

BRIEF DESCRIPTION:

Mega job fair for the persons with disabilities was organized in association with The Govt of India, National career service, Govt of AP, AP State skill development corporation and Samarthanam trust for the disabled on 28th Jan 2022. Chair Person of Commission for Disabled, Municipal Commissioner, Hindu college principal and corresespondent, Samarthanam Trust Staff . GCW(A) Guntur NSS Units-1,2,3 PO's smt.M.Santosh kumari, Smt.N.Vijaya Lakshmi, Dr.D.Dhatri kumari and 50 NSS volunteers attended the programme . Nearly 400 Job aspirants who were disabled attended the Mega job fair. Our NSS volunteers helped them in registering, submitting required certificates and attending the interview. Our volunteers also helped in maintaining the covid protocals by providing sanitizers and mask to the participants and maintaining physical distance and taking them to the respective allotted seats and interview boards.

OUTCOMES:

- 1. The NSS volunteers helped the disabled to register and attend mega jobmela
- 2.Many physically challenged people could participate get job in this Mega job mela with the help of our NSS volunteers
- 3.The NSS volunteers learned about the different problems faced by the disabled people in the society
- 4. The NSS volunteers attained the sense of satisfaction in helping others

NO. OF PARTICIPANTS: 50

NO. OF FACULTY INVOLVED: 3 NSS Programme Officers

NSS UNITS - 1,2,3

Activity: Distribution of Deworming tablets

DATE: 4--03-2021

AIM AND OBJECTIVES: To protect the health of the students by deworming

BRIEF DESCRIPTION: NSS Units 1,2,3 of Govt.college for women distributed the deworming tablets supplied by the District health department. Students were explained about the harmful effects of the worms and awareness was created for them and given dewarming tablets. Deworming tablets were distributed to 600 students.

OUTCOMES: students understood the benefit of taking Deworming tablets. They were provided the tablets and thereby got protection from worm infestation

NO. OF PARTICIPANTS: NSS Volunteers and students total 600

NO. OF FACULTY INVOLVED NSS po's and faculty







AWARENESS & PROMOTION OF ORGANIC FORMING Dept of Botany & NSS

DATE: 23--03-2021 Venue: Pulladigunta village

No.of participants::50

AIM AND OBJECTIVES:

To sensitize the farmers and community through students

To provoke them to think about sustainableenvironment and grow food by organic farming and protect the community from the harmful effects

BRIEF DESCRIPTION

Swachhta is not only related to the environment but also food. Dept of Botany & NSS Students visited the Rythu-nestham foundation and fields of pulladigunta village and observed the farming practices and interacted with the growers. Students came to know the ill-effects of processed foods that contain chemical fertilizers, food colours, preservatives, etc. Since the the youth can make a difference and bring about accomplishment of sustainability goals. The idea of Organic Farming was encouraged in the students to grow their own food and protect themselves from the harmful effects of unhealthy food. Students discussed the advantages of organic farming and promoted this practice to the community.

OUT COME/ IMPACTS: The idea of Organic Farming encouraged the students to spread the message of growing organic food and protect the community from the harmful effects of unhealthy food. students gained knowledge about organic farming methods and their benefits and they spread this sustainable farming practice to the community.









2021-22 NSS UNIT II

Name of the Activity: Chalivendram - Drinking Water Pots for Summer

Venue: Outside Government College for Women (A), Guntur

Date: 10-03-2022

Total Number of NSS Student Volunteers: 8

Objectives:

- To provide easy access to drinking water for pedestrians and others passing by the college during the hot summer months.
- To promote public health and well-being by offering hydration solutions in high-temperature conditions.
- To engage NSS student volunteers in community service that directly benefits the public.

Description:

The "Chalivendram - Drinking Water Pots for Summer" initiative, inaugurated by Dr. D. Dhatri Kumari, Programme Officer of NSS Unit II at Government College for Women (A), Guntur, was established outside the college premises. This water kiosk was set up to provide free drinking water to pedestrians and others during the hot summer months. Eight NSS student volunteers managed the kiosk, which included several large water pots. They ensured the pots were continuously refilled and that the area was kept clean and welcoming. This initiative not only addressed the immediate needs for hydration but also fostered a spirit of community service among the student volunteers, emphasizing the importance of public health and well-being.

Outcomes:

- Pedestrians and other visitors benefited from easy access to clean drinking water, helping them stay hydrated during the intense summer heat.
- The initiative increased community awareness about the importance of hydration and public health, receiving positive feedback from many who appreciated the service.

NSS student volunteers gained valuable experience in community service, enhancing their skills in public health promotion and civic responsibility



2021-22 NSS Unit 1

Activity: Awareness on Hand Wash

Date: 15/03/2022

Venue: KVP Colony Kolli Sarada Upper Primary Municipal School

No. of students/Volunteers Participated: 10 student volunteers from NSS Unit 1

Target beneficiaries: 5th class students

Faculty: NSS Unit 1 Program Officer (PO) Smt. M. Santosh Kumari

OBJECTIVES

- To educate 5th class students about the importance of handwashing for personal hygiene and disease prevention.
- To demonstrate proper handwashing techniques to students.
- To promote regular handwashing as a healthy habit.

BRIEF DESCRIPTION OF THE ACTIVITY:

On 15/03/2022 NSS Unit 1 organized an awareness session on handwashing at KVP Colony Kolli Sarada Upper Primary Municipal School for 5th class students. The session aimed to impart knowledge about the significance of handwashing in maintaining personal hygiene and preventing the spread of diseases,

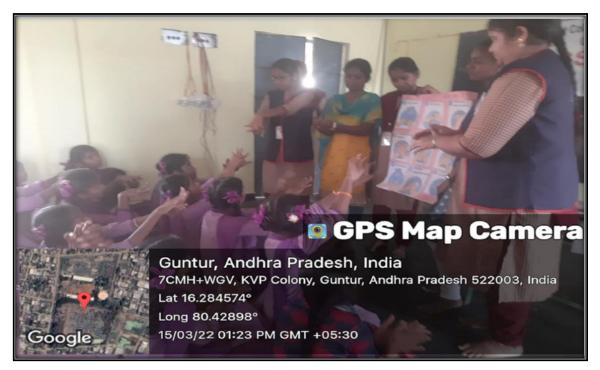
The activity began with a brief introduction to the importance of handwashing, highlighting its role in removing germs and preventing illnesses. Students were engaged through interactive discussions, quizzes, and visual aids prepared by NSS students to enhance their understanding of the topic. A practical demonstration of proper handwashing techniques was conducted by NSS volunteers and students, emphasizing key steps such as wetting hands, applying soap, scrubbing thoroughly, rinsing with water, and drying with a clean towel. Students actively participated in the demonstration and practiced the techniques themselves under the guidance of NSS volunteers and the NSS PO, Smt. M. Santosh Kumari.

Additionally, NSS students prepared colourful charts depicting the steps in handwashing, which were displayed during the session to reinforce learning. These charts provided visual aids to help students remember the proper handwashing technique.

OUTCOMES:

- 1. Increased awareness among 5th class students about the importance of handwashing for personal hygiene and disease prevention.
- 2. Improved understanding of proper handwashing techniques through practical demonstration and interactive sessions.
- 3. Promoted regular handwashing as a healthy habit among students.
- 4. reduced transmission of infectious diseases within the school and community through the adoption of proper handwashing practices.

the awareness session on handwashing organized by NSS Unit 1 served as an important educational intervention to promote good hygiene habits and contribute to the well-being of the students at KVP Colony Kolli Sarada Upper Primary Municipal School.









A DETAILED REPORT ON NSS SPECIAL CAMP ACTIVITIES FOR THE

ACADEMIC YEAR 2021-2022

From 23--03-2021 to 29-3-2022



PROGRAMME OFFICER

NSS UNIT-I

GOVT. COLLEGE FOR WOMEN (A)

GUNTUR

NSS COORDINATOR

GOVI, COLLEGE FOR WOUTER.

PRINCIPAL

NSS UNITS - 1,2,3

Activity: NSS Special camp Inaugural

DATE: 23--03-2021 to 29-3-2022

AIM AND OBJECTIVES: To inculcate and strengthen the value of societal responsibility and community welfare among the students.

BRIEF DESCRIPTION: NSS volunteers undergo compulsory 'Special camping programme' in the adopted villages chinthapallipadu, kurnuthala and Garapadu for a period of seven days. During camps, the NSS volunteers are actively involved in the activities *viz.*, cleaning of village surroundings, road sides, temples and ditches, planting, waste management, health camp, empowerment of rural women programme, awareness procession against alcohol and tobacco, Dengu ,malaria fever awareness rally, Environmental awareness programme, Sports and games for village children's, digital learning to the village people, orphanage and old age home visit to provide emotional support, promotion of health awareness, sanitation and human diseases through songs, street play and other community development programme which provide opportunity to understand the community, identify the needs in the community and to develop solutions.

OUTCOMES: Students gained skills in mobilizing community participation, social and civic responsibilities, acquired leadership qualities.

NO. OF PARTICIPANTS: 260 NSS Volunteers and students, 3villages sarpanchs & PSs

NO.OF FACULTY INVOLVED: 3 NSS po's and faculty









NSS UNIT - 1

Activity: Awareness on waste management

Venue: Chintapallipadu Date: 24/3/2022

No of Beneficiaries: 100 houses No of Students Participated: 50

Objective: To create an awareness about waste management

Brief Description of the activity: NSS unit I of Govt. College for women(A), Guntur organized waste management Awareness Campaign. students were accompanied by NSS PO Smt.M.Santosh kumari. This awareness program was conducted in the adopted village chintapallipadu of vatticherukuru mandal. The NSS volunteers took this opportunity visited each house and created awareness among the People about segregation of domestic waste in to dry and wet waste. The NSS volunteers showed them how to segregate the waste and keep them in separate bins. They explained how wet waste can be converted in to compost and used for kitchen garden. The students requested the people not to mix the dry and wet waste and not to throw them around their residence. The NSS volunteers explained the benefits of waste segregation and requested them to keep clean and hygenic conditions.

Out comes: The villagers came to know about the benefits of waste segregation and agreed to keep the dry and wet waste in separate bins and also keep their surroundings clean. The awareness campaign covered around 100 houses in the village. This effort was highly appreciated by the panchayat officials ,sarpanch and villagers.





Date: 25/03/2022 EditionName: ANDHRA PRADESH(GUNTUR CITY) PageNo:











NSS UNITS - 1,2,3

Activity No.

Activity: Conservation of water resources, JAL SAKTHI ABHIYAN

DATE: 24-3-2022

AIM AND OBJECTIVES: To create awareness about conservation of water

BRIEF DESCRIPTION: As part of the JAL SAKTHI ABHIYAN Govt.college for women(A), Guntur NSS Unit I conducted Awareness rally for the conservation of water in the adopted village chintapallipadu. The NSS volunteers made a walk through the streets of the village with placards displaying conservation of water and raised slogans to create awareness among the public. They also explained the importance of Rain water harvesting pits

OUTCOMES: Students actively participated in the rally and the villagers were attracted by the slogans and it created awareness for conservation of water

NO. OF PARTICIPANTS: 50 NSS Volunteers

NO. OF FACULTY INVOLVED NSS PO, Panchayathi staff 2



జాతీయ సేవా పథకము ప్రత్యేక శిబరము



గుంటూరు, మేజర్న్యూస్: ప్రభుత్వ డిగ్రీ మహిళా కళాశాల ఎస్.ఎస్.ఆస్ట్ యా సేహ వథకము) ప్రత్యేక శిబిరము రెందవ రోజు కార్యక్రమము ఎస్.ఎస్.ఎస్. విభాగాలు 1, 2, 3 ప్రోగ్రాం ఆఫీసర్లు యం.సంతోష్ కుమారి, దా.డి.ధాత్రికుమారి, యం.విజయలక్ష్మి ఆధ్వ ర్యంలో వజ్హిచెరుకూరు మండలం చింతపల్లిపాడు, గార పాడు, కుర్నూతల గ్రామలలో నిర్వహించబడింది. కార్య క్రమంలో భాగంగా గ్రామ సర్వే, ర్యాలీని విద్యార్థినులు నిర్వహించారు. గ్రామ ప్రజలకు మనం–మన వరిశుభ్రత ప్రభుత్వ కార్యక్రమంపై అవగాహన కల్పించుల, ఘన వ్యర్థాల నిర్వహిణలపై అవగాహన కల్పించుల జరిగింది.



కార్యక్రమంలో గారపాదు యం.పి.టి.సీ బి.జ్రీనివాసరెడ్డి, మహిళా కానిస్ట్రీబుల్ (క్రవంశి, బింతపల్లిపాదు సర్పంప్ గుమ్మడి త్రీనివాసరావు, పంచాయతీ సెక్కటరీ జి.సుధీర్, వంచాయతీ కుర్నూతల పంచాయతి సర్పంప్ ఎగ్రాకుల రామకృష్ణ, మహిళా కానిస్టేబుల్ రాజకుమారి పాత్గాని అవగాహన కల్పించారు. ఈ సందర్భంగా వర్యావరణ వరిరక్షణలో భాగంగా రైతు నేస్తం రైతు శిక్షణా కేంద్రాన్ని సందర్భించి విద్యాక్థినుల (ప్రకృతి వ్యవసాయం గురించి తెలుసుకున్నారు. (ప్రకృతి వ్యవసాయం ద్వారా పండిన ఉత్పత్తులను వాదటం వలన కలిగే ఉపయోగాలను గురించి (గ్రామ (ప్రజలందరికీ వివరించారు.

Fri, 25 March 2022 epaper.suryaa.com/c/67031181



GOVT. COLLEGE FOR WOMEN(A), GUNTUR

NSS UNITS - 1,2,3

Activity No:

Activity: Visit to Amma charitable Trust- orphanage and old age home

DATE: 25-03-2022

AIM AND OBJECTIVES: To sensitize the volunteers to the problems of senior citizens and orphans to reduce their loneliness and finding ways and means to solve their problems

BRIEF DESCRIPTION:

The Student volunteers of NSS –National Service Scheme of Govt.college for women,Guntur accompanied by the NSS POs Smt. M.Santosh kumari, Dr.D.Dhatri kumari and Smt.M.Vijaya Lakshmi paid a visit to the Amma charitable trust on 25th march 2022. The trust is maintaining a Old Age Home, orphanage and a care centre for the diseased people. It is located near chuttugunta, Vatticherukuru road, Guntur.

The purpose of this visit was to make the students realise their social responsibilities towards Senior Citizens. Such visits also activate the student's thought process to realise the agony and pain which the orphans and the old people go through while living away lonely without any near and dear relation. The visit intended to teach them how to interact with the orphans and talk with the diseased and elderly who may have psychological depression along with other health problems as a result of old age or health problems.

Residents were happy to talk to the student volunteers and shared their life experiences. One old lady informed that as her children do not care for her and her relatives have kept her in this Old Age Home. Interacted with a lady who was bedridden and staying there since the sad demise of her husband. Students interacted with the Swathi a orphan girl who lost her hand and got impaired in an accident and lost her parents also, interacted with other Small children also who were orphans and came to know how they are studying with the help of the trust.

Our students went with high enthusiasm and conviction to contribute their best during their visit. The students interacted with the residents in the Old Age Home and lovingly served them fruits and biscuits. The NSS unit volunteers contributed 8 bags of rice collected from the college students and also some of the volunteers of unit I M.Lavanya,,Supriya,Prasanna and few others contributed ,5 kgs Dal , 1 bag of wheat flour and some provisions to the charitable trust.

OUTCOMES:

Though the Old Age Home management was providing them with excellent emotional and physical care, still our students observed that such homes demanded frequent visits and some more spending of time with the Senior Citizens and help for further, some more facilities.

The visit to the Amma charitable trust Old Age Home and orphanage concluded with loads of warmth and showers of blessings extended from the elderly towards our team of students and Faculty Members. They bid us good bye with tearful eyes but with a promise to revisit them frequently.

NO. OF PARTICIPANTS: 20 NSS Volunteers

NO. OF FACULTY INVOLVED: 3 NSS pos



















అమ్మ చాలటబుల్ ట్రస్ట్ కు నిత్యావసరాల అందజేత



నిత్యావసర వస్తువులు పంపిణీ చేస్తున్న విద్యార్థినులు

గుంటూరు(విద్య),మార్చి 25: స్థానిక ఏటీ అగ్రహారంలోని అమ్మ చారి టబుల్ ట్రస్టుకు డ్రభుత్వ మహిళా డిగ్రీ కళాశాల ఎన్ఎస్ఎస్ విద్యార్థినులు శుక్రవారం రూ.10వేల విలువైన నిత్యావసర వస్తువులు అందశారు. ఎన్ఎస్ఎస్ కార్యక్రమాల్లో భాగంగా మూడోరోజు ఈ కార్యక్రమాన్ని విద్యార్థి నులు నిర్వహించినట్లు యూనిట్ ప్రొగ్రాం ఆఫీసర్లు ఎం.సంతోషకుమారి, డాక్టర్ డి.ధాత్రికుమారి, ఎం.విజయలక్ష్మి పేర్కొన్నారు.

Activity No.

Activity: plantation in village

DATE: 26--03-2022

AIM AND OBJECTIVES: To create environmental awareness among students. and increase the green cover of the village.

BRIEF DESCRIPTION: Govt.college for women(A),Guntur NSS Unit I conducted plantation drive in the adopted village chintapallipadu. Planting the saplings in the adopted village was planned by NSS to increase the greenary. The purpose of this activity was to make sure that saplings must survive and become large trees in the open village environment. NSS PO Smt.M.Santosh kumari along with the volunteers planted saplings at the selected spots.. Volunteers also made boundaries around the saplings watered them and requested the villagers to take care of the plants.

OUTCOMES: The plantation drive was very successful in creating environmental awareness among students. Students felt happy planting the saplings and protecting the environment





Activity: Medical camp

DATE: 26--03-2021

6AIM AND OBJECTIVES:

To provide dental checkup and basic treatment

To provide blood tests and BP tests

To get the villagers vaccinated for covid 19 and protect the villagers from the disease and create awareness.

BRIEF DESCRIPTION: Govt.college for women(A), Guntur NSS Unit I,II,III I organized medical camp for dental check up ,blood tests and covid vaccination drive for the adopted villages chintapallipadu, Garapadu and kurnuthala. The camp was placed at at Grama sachivalayam Garapadu..The NSS volunteers went to door to door and informed about the camp The Camp was organized with the help of Team of Doctors and Para-medical Staff of care Dental Hospital, Guntur lead by Dr.Ranganath, medical staff of area hospital kornepadu and the biochemistry department of our college. The Services offered in these Camps are Bp checking, Blood percentage, Dental screening and awareness, basic .treatment and if any further treatment required they were given referral. Awareness was created and Medicines were distributed. Covid vaccination was also provided. Villagers and the nearby High School children utilized the services offered in the camp and got benefitted. The medical camp was conducted under the supervision of the NSS Pos ,The 3 village sarpanchs, Health extension officer of the area and the panchayath secretaries

OUTCOMES: The camps benefited a total of 20 villagers and 50 school children They were offered dental check up and counseling. Covid vaccination 2nd dose was provided Villagers came to know their blood group and Hb percentage. villagers utilized the services offered and appreciated the NSS effort in conducting the camp



ఎస్.ఎస్.ఎస్ ఆధ్వర్యంలో మెగా వైద్య శిజరం

గుంటూరు, మేజర్న్యూస్: ప్రభుత్వ డిగ్రీ మహిళా కాళాశాల, జాతీయ సేవా పథకము(ఎస్.ఎస్.ఎస్) ప్రత్యేక శిబిరములో భాగంగా మెగా వైద్య శిబిరము ఎస్.ఎస్.ఎస్ మూడు యూనిట్ల బ్రోగ్రాం ఆఫీసర్లు యం.సంతోష్కుమా రి, డాక్టర్ డి.ధాత్రికుమారి, యం.విజయలక్ష్మి ఆధ్వర్యంలో నిర్వహింపబడింది. కేర్ డెంటల్ కాలేజీ, హాస్పిటల్ డాక్టర్ రంగనాధ్ పర్యవేక్షణలో ఉచిత దంత వైద్య శిబిరము నిర్వ హించారు. ఈ వైద్య శిబిరాన్ని గారపాడు సర్పంచ్ భవనం వెంకట సుబ్బారెడ్డి (పారంభించారు. డాక్టర్ రంగనాథ్, విద్యార్థినులు గ్రామ ప్రజలకు దంత సమస్యలపై అవగా హనను కల్పించారు. వైద్య శిబిరాన్ని మూడు గ్రామాల చెందిన సర్పంచ్లు పర్యవేక్షించారు. మూడు గ్రామలకు చెందిన కొర్నెపాడు ఏరియా హాస్పిటల్ ఆరోగ్య విస్తరణ అధికారి కె.శేషగిరిరాజు శిబిరంలో పొల్తాన్నారు. గుంటూ రు ప్రభుత్వ డిగ్రీ మహిళా కళాశాల బయోకెమిస్ట్రీ డిపార్ట్ మెంట్ వారి సహకారంతో విద్యార్థినులు గ్రామ ప్రజలకు రక్త పరీక్షలను నిర్వహించారు. చింతపల్లిపాడు ఎ.ఎన్. యం కె.మానస కోవిడ్ వ్యాక్సీస్ డ్రైవ్లో గ్రామ ప్రజలకు వ్యాక్సీన్లను వేశారు. కార్యక్రమంలో గ్రామ సెక్రటరీలు వై. శివ(పసాద్, సుధీర్, మహిళా కానిస్టేబుల్ (పవంతి, మూడు గ్రామ సచివాలయాల సిబ్బంది పాల్గొన్నారు.







Activity: Dengue, Malaria awareness

Venue: Chintapallipadu Date: 27/3/2022

No of Beneficiaries: 100 houses No of Students Participated: 42

Objective: To create an awareness about dengue, Malaria, their causes, symptoms and preventive

measures.

Brief Description of the activity: NSS unit I of Govt. College for women(A), Guntur organized Dengue Awareness Campaign. The students were accompanied by NSS PO Smt.M.Santosh kumari. This awareness program was conducted in the adopted village chintapallipadu of vatticherukuru mandal. The NSS volunteers took this opportunity visited each house and especially slum areas and created consciousness among the People who were unaware of these Dengue,malaria situations and also informed them about the Dengue,malaria fevers their severe effects and how to tackle these situations. The NSS volunteers showed them the stagnant water around their house as the source of "Larvae" which emerges from the eggs of Aedis Mosquito. The students requested the people not to leave the water to get accumulated near their residences. The NSS volunteers sprayed bleaching powder around the houses where there is stagnant water and unhygienic conditions and requested them to keep their surroundings neat and clean to get protected from the diseases.

Out comes: The villagers agreed to keep their surroundings clean without stagnant water to prevent the spread of Dengue, Malaria. The awareness campaign covered around 100 houses in the village. This effort was highly appreciated by the villagers.









Activity: Training to SHG 'S on preparation of sanitary liquids and detergents

DATE: 28--03-2021

AIM AND OBJECTIVES: To empower the rural women of SHG by training them in preparation of sanitary products like detergents, toilet cleaners and floor cleaners

BRIEF DESCRIPTION: The NSS units of Govt. college for women(A), Guntur organized training for preparation of sanitary products like detergents and floor cleaners in the premises of Chinthapallipadu Panchayat office. The NSS Volunteers along with the chemistry Department of our college demonstrated the preparation with low cost and effective materials. DWACRA Animator along with Self Help Group members attended the programme. The preparation method along with the required materials was clearly explained and demonstrated. The prepared Sample was tested in their presence and the samples were also distributed.

OUTCOMES: Training to SHG 'S on preparation of sanitary liquids like floor cleaners ,detergents and toilet cleaners helps for the empowerment of the rural women of these adopted villages. Sarpanch, villagers and the SHGs appreciated and thanked the efforts of the NSS.



2021-22 NSS UNIT II

Name of the Activity: Awareness on Continuation of Girl Child Education

Venue: Garapadu Village, Guntur District

Date:28-03-2022

Total Number of NSS Student Volunteers: 12

Objectives:

- To educate the community about the importanc
- e and benefits of continuing education for girls.
- To address and challenge cultural and socioeconomic barriers that hinder girl child education.
- To encourage community support for girl child education, including advocacy for equal educational opportunities.

Description:

The "Awareness on Continuation of Girl Child Education" initiative, organized by Dr. D. Dhatri Kumari of NSS Unit II at Government College for Women (A), Guntur, took place in Garapadu





- Increased awareness among community members about the long-term benefits of girl child education.
- Community dialogue initiated about cultural and socioeconomic obstacles to girl child education, with strategies discussed to overcome these challenges.
- Strengthened community commitment to support and advocate for the education of girls, leading to more girls in Garapadu Village staying in school.

Activity: Blood grouping camp for school children

Objective:	To create awareness among the school students about their blood
	group
Date:	29-03-22
Time:	One day
Participants:	Students
No.of students	50
No.of faculty	02
Other participants	50
Description in brief:	A blood grouping camp was arranged by the college NSS units in collaboration with the Dept of microbiology of our college at Government High School, Garapadu village on 29-03-22 as extension activity. Almost 40 high school students and staff and 20 villagers .were tested for the blood group
Outcome:	Villagers and High school students knew about their blood group Awareness about prevention of Anaemia and blood donation was also created.

Evidence:







Activity: Poshan pakwada

DATE: 29--03-2022

AIM AND OBJECTIVES:

To understand the importance of nutrition and its impact on health in the long run. To discuss the growing incidence of anaemia among students and its implications on health provide awareness on healthy diet.

BRIEF DESCRIPTION: NSS units of Govt. College for women(A), Guntur organized **Poshan pakwada** nutrition awareness Campaign.for the school children of Garapadu High school where the students from the adopted villages chinthapallipadu, kurnuthala and Garapadu are studying. NSS Volunteers as part of poshan pakwada went to each class and explained about the importance of nutrion, healthy diet and its benefits. They also explained about the the vitamins, minerals their sources and the effect of their deficiencies

OUTCOMES: School children and Staff were provided awareness and information on the importance of nutrition for a healthy life. Students and staff got motivated to take good nutition and avoid junk foods









GOVT.COLLEGE FOR WOMEN(A), GUNTUR NATIONAL SERVICE SCHEME



National Integration Camp

2021-22

Idukki,Kerala

From 15-05-2022 TO 21-05-2022

NSS UNIT I & II

Activity: National Integration Camp

Venue: Idukki, Kerala Date: 15/5/2022 - 21/5/2022

No of Students Participated: 02

Objective: To create National integration

National Integration Camp (NIC) 2022 NSS Cell, Ministry of Youth Affairs and sports, GOI Regional Directorate NSS, Kerala, Lakshadweep and APJ Abdul Kalam University, Idukki, Kerala under the aegis of NATIONAL SERVICE SCHEME jointly organized National Integration Camp from 15 th to 21th March 2022. More than 150 NSS Volunteers/NSS Program officers participated in the program from different regions of the country like Andhra Pradesh, Tamil Nadu, Kerala, Maharashtra Pondicherry and Karnataka

2 NSS Volunteers of NSS unit 1 and II of our Govt.college for women attended the camp and represented our college from Acharya Nagarjuna university. They participated in various activities of the camp integrating with the fellow NSS Volunteers from the other states.

Out comes: This type of Integration Camps create unity and integration among the volunteers. .It creates opportunity to share their knowledge and culture.



















Cultural acttivities of our Nss volunteers



PROGRAMME OFFICER

NSS UNIT-I

GOVT. COLLEGE FOR WOMEN (A)

GUNTUR

Coordinator & Programme officer

SIRIVOT Principal

PRINCEPAL

GOVT. COLLEGE FOR WOMEN (A)

NSS

PRINCIPAL